Disagreeing Appropriately Suggested Role-Plays

- **1.** Your basketball team loses the game because of a last-second foul. You think the referees were unfair and favored the other team. Show how you would respectfully disagree with the referee's call.
- **2.** You earned second place in the school's essay contest, but you think the winner cheated on his essay. Show or describe how you would disagree with the results.
- **3.** The teacher hands back yesterday's quiz. Your answers to questions 3 and 4 are marked as incorrect. Your neighbor, who had the same answers as you for those questions, has his answers marked correct. Describe how you would approach the teacher and dispute your grade.
- **4.** Your parents won't let you see any of your friends over the weekend because you didn't finish your chores. You think the punishment is too harsh. Show how to appropriately disagree with their decision.
- **5.** Your parents want you to go to bed at the same time as your brother (or sister), who is two years younger than you. Show how you would tell them you think you should be allowed to stay up later.

Disagreeing Appropriately Think Sheet

Name_____ Date_____

Why is it important for you to know how to disagree with others in an appropriate way?

Who is the person (teacher, sibling, parent, friend, etc.) you have the most disagreements with, and is it difficult for you to disagree appropriately with him or her? Explain.

What words or actions can you say or do to keep a disagreement from turning into a shouting match or fight?

Part of disagreeing appropriately involves using an empathy statement. What are some examples of empathy statements you can say during a disagreement?

- •
- •
- .

How can the skill of **Disagreeing Appropriately** help you at school?

How can the skill of **Disagreeing Appropriately** help you at home?

Disagreeing Appropriately

- **1. Look at the person.**
- 2. Use a pleasant voice tone.
- 3. Say "I understand how you feel."
- 4. Tell why you feel differently.
- 5. Give a reason.
- 6. Listen to the other person.